



**ASSOCIATION OF SACRAMENTO COUNTY
SHERIFF'S DEPARTMENT
VETERANS AND EMPLOYEES**



711 CLUB NEWSLETTER

WWW.711CLUB.ORG

From the President

Welcome 2020. I hope everyone had a great Christmas and a Happy New Year. For those not at our January luncheon we had a very interesting speaker in the form of retired deputy Gorden Smith. He heads up the Peer Support Program and really provided some great information on the program, as well as how it can still benefit us as retired employees. Next month's speaker is going to be Tom Neri who will be talking about the Wild Horse Program at RCCC. I'm really looking forward to learning about the program.

As much as I hate to see costs rise on anything, I do have to bring something to your attention. The cost of the luncheon has been steady at \$15.00 for a number of years. Recently we discovered we were losing money on the luncheons each month. In order to correct this loss we had decided at a previous board meeting to raise the cost to \$18.00. However, when I told everyone at the January luncheon of this increase many present said we should raise the cost to \$20.00. We discussed this at the board meeting after the luncheon, and it was approved to raise the cost to \$20.00. So once again, the cost for the February luncheon and those after will be \$20.00.

If you haven't heard, the Pig Bowl, or now called "Guns and Hoses" football game, is scheduled for January 25th, 2020, at the CSUS stadium. This is the 46th game and to my knowledge tickets are still available. Please see page 4 of this newsletter for detailed information. I hope lots of you can make it out to support this worthy charity.

It was nice to see the turnout at our last luncheon. There were some new faces and some old, including Marci Stamm, the wife of Chief Deputy Larry Stamm. Marci and I have been friends for many years, and I was really thrilled to see her at the meeting and be able to enjoy socializing with her.

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As always my focus is to increase the number of retirees at our luncheons. I have really tried to keep the meetings short and the agenda moving so that we are out by around 1pm. I want to see as many of my fellow retirees as possible because in my mind the socialization and camaraderie are what the 711 Club is all about. So, if it's at all possible please come out and join us at our next meeting in February. We welcome you all! - John



**46th Annual
Guns & Hoses Football Game
January 25th, 2020
CSUS Stadium**

Kids Safety Fair 11 AM to 1 pm / Pregame Show 12 pm / Kick Off 1 pm

Tickets \$10 each
PigBowl.org

2020**711 Club Officers**

President
John Woodhouse
(916) 457-2858

Vice President
Barbara Smith
(916) 606-0324

Secretary
Nancy Gust
(916) 725-6752

Treasurer -Acting
Kathy Shannon
(916) 952-7395
711 Club
640 Bercut Drive
Sacramento, CA 95811

Sergeant At Arms
Judy Denton
(916) 363-1282

Board of Directors:
Sam Gault
(916) 801-5876

Earl Evans
(916) 261-1668

Larry Jarvis
(916) 355-8514

Sue Johnson
(916) 681-1001

Jacqui LeMaster
(916) 215-9193

Richard Madrigal
(916) 366-5909

Past President
Richard Madrigal
(916) 366-5909

**Newsletter Editor &
Webmaster**
Larry Jarvis
(916) 355-8514
larryjarvis@711club.org

January Birthdays

2. Pat Keegan, David Wacholtz
3. Ted Daly
4. David Campbell, Chet Smith,
John Woodhouse
5. Jim Cooper
6. James Haynes
7. Clinton Boyce
9. Harry Machen
10. Shella Finley
11. Clem Meier, Scott Belchamber
12. Larry Ortiz

13. Catherine Frederickson
14. Karen Goesch
15. Jon Bowman
16. Robbie Waters, Jan Arbuckle
18. William Shipp, Linda Jones
20. Ernest Buda, Donna Simmons
23. Judy Denton, Glen Vanderford
24. Juanita Docktor, Marilyn Seifker
28. Tom Lane
29. Lane Barlow
30. Brian Kennedy
31. Bill Johnson

Meeting Minutes

Date: January 8, 2020

Location: SCDSA Facility 640 Bercut Drive, Sacramento

Meeting was called to order at 12:01p.m. by John Woodhouse.

Pledge of Allegiance was recited by all present.

The following Officers and Board Members were present:

<u>Officers</u>		<u>Board of Directors</u>	
X	President John Woodhouse	X	Judy Denton
X	Vice President: Barbara Smith	X	Earl Evans
X	Treasurer: Kathy Shannon	X	Larry Jarvis
X	Secretary: Nancy Gust	X	Sue Johnson
X	Sgt. at Arms: Sam Gault	X	Jacqui Lemaster
	Past President: Vacant	X	Richard Madrigal

General Members Present: 25 Speaker: 1 Guests: 4 New Members: None

Sunshine Report: Presented by Earl Evans: Tim Alton is under treatment for cancer but welcomes phone calls. Marilyn Siefker broke her leg and will be in a wheelchair for a while but no cast and would also like to hear from friends. Tom Lane took a tumble from his mountain bike and fractured his hip. He was in the hospital but is up and back in action. Hog Smith is on the mend. John Greasby's wife passed away on December 2. Mike Wagenhals is back home and on the mend. Steve Pietreck is not doing well. Steve Ahee lost a baby granddaughter. If you would like contact numbers for any of these members, please contact Earl Evans.

Speaker: Gordon Smith, retired SSD –Sacramento County Sheriff's Department Peer Support Program Gordon Smith is the Coordinator for the Peer Support Program which is a group of 52 people. Someone is always available, 24 hrs a day, 365 days a year at (916) 718-3148. Wanted us to know that retirees are still part of the family. Peer Support is teaching a block in the Academy on how to deal with stress in your career with more time spent on the emotional side. He wants everyone to be healthy when they retire. Peer Support attends all Critical Incident Stress Debriefings (CISD). These include everyone who was involved in an event, sworn and non-sworn. It gives everyone more information on what happened when everyone talks about their roles, what did you do, what were you feeling, and then they get tools to deal with it. AB1117 gave Peer Support confidentiality unless you committed a crime or are a danger to yourself. Gordon is also part of a national program, Code 9 which has a goal to stop police suicides. They have workshops for 1st responders and their families. The Code 9 T.U.F. (Talk, Unwind, Focus) Program is a Universal Peer Support Program, T.F.U. has meetings the 3rd Saturday of every month on a different topic at the SCDSA office classroom from 10:00 a.m. to 11:30 a.m. Open to all first responder groups, active or retired, sworn or non-sworn and Military Veterans.

Treasurer's Report: On file and available for review.

Secretary's Report: On file and printed in newspaper.

Old Business: None

New Business: Welcome to our new directors Larry Jarvis and Sue Johnson.

John Woodhouse advised the group that the Board of Directors had decided to raise the cost of the luncheon to \$18 due to rising costs. At this regular January meeting there was some discussion from the members that we should just raise the price to \$20.00.

Meeting adjourned at 12:55 p.m.

Free lunches for February 12, 2020 were won by Walt Horne, Don Savage and Ron Landrus.

Next meeting: February 12, 2020 at the SCDSA Facility, 640 Bercut Dr, Sacramento.

Minutes submitted by Nancy Gust, Secretary.

CODE 9 PROJECT INTRODUCES THE T.U.F. PROGRAM SACRAMENTO AREA CHAPTER



TALK, UNWIND, FOCUS

The Code 9 T.U.F. Program is a Universal Peer Support Program that gives all first responder groups, active or retired, sworn and non-sworn and Military Veterans access to safe, anonymous and confidential peer support. The meetings are held once a month and are completely anonymous. There are no department affiliations or biases. The meetings are universal, meaning every chapter is run with the same format and topics of discussion monthly. **These meetings are not just for those suffering from trauma but help with tools to deal with every day stressors such as anxiety, fatigue, frustration and many others.**

Our goal is to provide trusted and accessible resources to as many first responders and veterans as possible, so no one goes unheard or unsupported. The meetings for this chapter are as follows:

DATE: 3rd SATURDAY OF EVERY MONTH, FROM 10:00 A.M. TO 11:30 A.M.
LOCATION: SACRAMENTO COUNTY DEPUTY SHERIFF'S ASSOCIATION OFFICE
640 BERCUT DRIVE, SACRAMENTO, CA 95811

PLEASE RSVP: GORDON SMITH, CODE 9 PROJECT, 916-591-0269
Email: gordonsmithtac@att.net

Opening for 711 Club Webmaster/ Newsletter Editor

If interested:
Please contact Larry Jarvis
larryjarvis@711club.org

Next Meeting - February 12th, 2020

SDSA Facility
640 Bercut Drive, Sacramento
11:00 AM Social hour
12 Noon Lunch
Followed by raffle
RSVP By:
February 6th
Kathy Shannon
(916) 952-7395
keshannon004@gmail.com

Visit us on the Web
www.711club.org